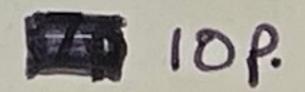


The Official Journal of the

## East Sussex Cycling Association

**Published Quarterly** 



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As promised Iris has edited this edition of our magazine emit edt lis etsloerqqs doum verv ils ew tedt erse ms I bas

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Secretary & Treasurer as of the Acting Editor to date with all that is happening within our

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Iris Stevens 3 Lansdowne Crescent

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Autumn 1975 gniket ni O.O xessus Larineo bus 11110 of anoifelus

#### Ed's Notes

My apologies for not getting this edition out as prompt as the last due to production problems. Unfortunately our stock of covers (the last) does not fit the current paper sizes, and it was difficult to track down sufficient for this, once again, bumper edition.

News has reached me that our President Arthur Coleman has had to go into hospital due to complications on his 'good leg'. We all wish him a speedy recovery as we shall most definately be needing him on February 14th!

Well having had no offers from the big dailies, or as Brian Wilkins suggested, Mayfair or Playboy, my journalistic career has come to a quick end. This means my friends I've actually had a volunteer to edit 'BONK', subject to approval at the A.G.M. of course. Many thanks Bonk reporters, responding to my appeal for copy as near to the closing date as possible, 100% this time. Well done !

You will notice on comparing the previous edition with this that the quality of print is a bit inferior. This being due to the fact I am typing this one . No we haven't given Jenny the sack but it is to try to save time as it is already late. So armed with a well thumbed dictionary here goes.

As promised Iris has edited this edition of our magazine and I am sure that we all very much appreciate all the time she has given to this task, this is only one of her many jobs connected with cycling. Appeals have already been made for someone to take on the post as Editor of Bonk and it is hoped that someone will be forthcoming at the Annual General Meeting in December. At our last management committee meeting it was reluctantly agreed that commencing with this edition the price would have to be increased to lop a copy, a move I trust all will agree with. At this price it is still very cheap and keeps all our members up to date with all that is happening within our Association.

By the time you read these notes we shall have completed our timetrial programme. Entry wise this has been our best ou season for quite a number of years. Times have not been as fast as some expected, though at last Cliff Sharp improved on Dave Marsh 's 1956 100 miles record by 4 minutes 13 secs. Congratulations to Cliff, and Central Sussex C.C. in taking the B.A.R awards.

1976 will see a programme of events the same as this year, with two weekends having a 10 mile event Saturday and a 25 mile on the Sunday. Open events will be 10,25,50,100 and the Hillclimb, also in 10 mile events there will be special awards for schoolboys & girls.

with the approach of the Social Season member clubs will be looking to their members especially those of the racing fraternity to swell the numbers on their clubruns. We should all bear in mind that this is one of the activities of our sport that tends to be neglected these days by some clubs, invitation runs on a Saturday afternoon or Sunday morning can do much to get new members into our ranks, especially as many people are now looking towards the cycle as an alternitive means of transport. November 9th is the date of our annual touring competition, being organised this year by Graham Lade , lets have a bumper entry. Details will be circulated to clubs shortly.

Our Supper and Prize Presentation will again take place in or February at Framfield, any ideas or suggestions for this function would be appreciated by myself.

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here goes.

BRIGHTON MITRE CYCLING CLUB

Now we are almost back to the social season(hurrah-ed.), with only a few events to go we can relax and look back at the season. The weather surprised us all, after a poor start, we must have had one of the best summers in years, (You'd better start building the Ark now though-ed.) although float mornings didn't seem any more plentiful. The Club has had another good season with numerous placings. Most of the activity has been on the road & track front, but some of the timetrial stalwarts are still performing well, with two under the hour rides by Alan Limbrey and John Oakes. New redruit Peter Taylor from Hertfordshire won the club 100, Alan Limbrey the 50 and John Oakes the 25 championship. Jumbo Oxborrow took most of the early season events, so the club trophies have been well shared out.

Brighton Mitre cont.

On the road front , the club expedition to the Peter Buckley Trophy series was somewhat of a flasco with punctures and mechanical troubles being the main story. Lesser events brought more success with Clive, Alan Goodson and Martin Leigh being amongst the winners. Schoolboys Dave Barnard and Owen Leigh have been well placed in events at Christili Palace and Lee on Solent. Owen having now made a success ful transition to junior ranks with a couple of placings already. Richard Smith has spent most of his season travelling and training with the National Junior Squad and has not had much time for racing, which seems a strange policy. He road a road series in Germany, the team coming 2nd in the international team time trial, and Richard coming 8th in a criterium of 80 riders from all over Europe. The trip to the Junior World Championship was good experience, and as far as I am aware, the first by a Sussex rider since the war. A certain amount of equipment chaos ' seems to have occurred. (we seem very much the poor relations here-ed) but the team reached the semi final of the team pursuit, crashing when in the lead for the bronze. enterrainment by the Crayfolk -approxes.

Highlight of our track season was our trip to the Nationals at Leicester, with Richard gaining a silver in the junior pursuit with high hopes of the gold next year. To anyone who can spare the time I can recommend the track series. The atmosphere is something you do not experience at any other British track meeting. The standard of racing by the Junior pursuiters and sprinters was superb and showed the seniors in poor light. The entertainment by the Dave Handley tandem was also well worth the trip.

Brighton Mitre cont.

BRIGHTON MITRE CYCLING CLUB The local track scene was well supported. Gates, thanks to Radio Brighton were up for the first time in years, the crowd becoming quite vociferous thanks to some escabods who shall be nameless (does he come from Worthing I wonder - ed) Our two open meetings again showed a handsome profit. thanks to Oxborrow, Richard and Outspan. We hope to run a similar weekend next year, sea boom rentons ben aen dulo ent

Most of the activity has been on the road & track front, Social events have been quiet, a picnic at Henfield was fairly well supported, followed by our annual lethal game John Uskes. New redruit Peter Taylor from Hortisrabnuor 10

on the road front, the blub expedition to the Peter Buckley Trophy series was somewhat of a Hasco with punctures and

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K.M.W.

DINNER DATES eval avodloomos stenniw ent tagnoms gaied dgiel and Owen Leigh have been well placed in events at Caratel

November 22nd East Grinstead C.C. Blindley Heath

tickets approx.£4.Geoff Boore to speak!! December 13th Brighton Mitre C.C.

Black Lion, Patcham. Tot only doug bad Jon January 10th Brighton Excelsior C.C. Royal Coach Shoreham, tickets £3 -limited numberdancing to Harry Strutters Hot Rhythm

Orchestra book now to Dick Jones . Central Sussex C.C. Hassocks Hotel, Hassocks A return to venue of the past &Fantastic

Extravagant Draw. details later. Eastbourne Rovers C.C. Pier Hotel Eastbourhe Big Change- A Folk night dancing and

entertainment by the Crayfolk -approx£3.50 February 14th EAST SUSSEX C.A. SUPPER AND PRIZEPRESENTATION Framfield Village Hall . Its Valentines Day so bring your wives and lovers -both if you have the nerve- and have an enjoyable night.

The atmosphere is something you do not experience at eny FOR SALE 18" Dawes Junior Racer 24" Wheels Huret 5 speed and other respectable equipment enamel so -so List Price now £57 offers about £15 seen on ESCA 10 course Apply K.L. Atkins

.Jowes Manderops cont. LEWES WANDERERS CYCLING CLUB Greetings after what seems an age to all escabods. Having been 'left in the trap' and consequently a DNS in the last edition, your scribe hangs his head and apologises to all those who perused the Obituary column and/or were upset at the absence of the Lewes notes. After suffering many adverse remarks from clubmates, including Alison Burgess who said she always 'Alsoran' first (nice to know) yours truly felt the full weight of responsibility and vowed "better late than never" in future. (there is an old saying "better nover late" - Ed)

Congratulations to Iris Stevens who did a grand job inre floating Bonk' after the unfortunate demise of the previous edition due to unforseen circumstances. Judging by various comments about her editorial it was the brightest for years and must have caused plenty of discussion among our racing fraternity, whether liberated or not. (is that why you are now telling me 'risque' jokes -Ed)

As will have been noted on the start sheets, our stalwarts

like the majority of Escabods, have been active at all distances this season, and although there has been no threat to any of the competition records, it is participation active participation that is the life blood of any sport and is valued accordingly. Our lone lady rider Alison tried the second club 25 after a diet of 'lOs' and did reasonably well considering that she does hardly any training at all, and thus takes after Tony Andrews (though much more attractive - Ed) who, however can still rattle round faster than many of his clubmated (Perhaps they should take up touring to - Ed). Ian Burgess, the young brother, has been steadily improving and has the makings of a good rider if he keeps at it. Of course they both have the incentive provided by Dad who has had quite a fair old season this year and caused a few raised eyebrows in his advancing years. (Don8t forget Geoff"Lif e begins at 40" or didn't you notice-Ed) Being promoted to sargeant probally made him feel thathh had to adjust his bike riding accordingly! Incidentally, he was initially moved to East Grinstead where it was reported that his first port of callwas a certain address in Blount Avenue! It can hardly be called coincidence that he was later coeced into speaking at the East Grinstead Dinner! Of the Seaford triumvirate, Landless and Honeyball have been pretty active, both having done'personals' at 25 miles and performing all over the place, but despite hopes of more riding this year, Whitington didn't get going due to pressure of other business. It is rumoured that certain members will be detailed to assist with baby sitting and

Lowes Manderess cont. allotment digging next year in order to get him on the tarmac once again! Kilby has made a few of them sit up in recent weeks, with a workmanlike ride in the Association '100', despite lossof sleep due to late visitors the previous evening, and latterly an'8'in the Bognor '25', his best for some time. Burbery caused a stir when he announced his intention of taking on the Catford field in the '24', the first Lewes rider to tackle this formidable distance. His 397 miles was an excellent achievement, particularly in view of the fact the night was colder than anyone can remember in the long history of that classic event.

The member from Five Ash Down , one Ken Savage, must have emerged late from hiberna tion due to the poor weather as hardly anything was seen of him until we got the unforgetable summer we've wallowed in this year. It was also reported he'd got back trouble and thus was afellow sufferer with Brian Wilkins who has had to stop racing through the same cause. Conversely the onset of the good weather made your scribe feel decades younger, and Escaland was rocked to its shoeplates when he appeared once again on abike, and caused apprehensive mutterings among the 'Chainwhell Creekers', but unfortunately too late to put in abid for this unique trophy which was taken into custody by the Copper this time. and is velued accordingly, our lone lady ride

Of the rest we have seen very little this year. Steve Wheeler had to stop racing due to poor health, and later stacked up while riding out to an event and ruined his iron as well as knocking his face about. Steve Myatt was torn between bike riding and hang-gliding the latter presumably winning, - of while Pete Bealch and Mick Hillshave been bogged down by business interests and rendered hors de combat. Mark Wadey showed briefly then disappeared, while nothing at all has been seen of Richard Isted. Jack'Goldmine' is still trying "to pick up the pieces" and has been out at one or two events in recent weeks.

The Evening Criterium was won by comeback rider Dave Burwood after a battle, by promising junior rider Clive Oxborrow of the Mitre. Another junior rider who rode very well throughout the series was Peter Baker Hastings & St.L.C..C who

Most people have their best memories of the season just gone and your scribe makes no apology for mentioning his. It was quite unique - one might almost say unbelievable experience of hearing a police 'two pipper' saying to the

Lewes Wanderers Cont. commissaire at the start of the East Grinstead Carnival RR "You can tell your riders that they can use the whole road either side of the bollards, as we have closed it completely2 What brought about this miracle ? Well it can only be surmised that promoter Val Baxendine exercises the same sort of appeal to the local contabulary as she does to To Escabods - they can't resist here!al il esalg emaa and company has offered deorf a part in the forthcoming

Well f olks I'd better not keep Iris waiting any longer (I reminded him three times - Ed) , so with the onset of In the social season we'll say cheers, bottoms up etc., and don't f orget to reserve some capacity for the Wanderers Dinner in due course, details will be circulated anon. camoolew sham san ile jud smoo of man Sees you down the road Should Don be pushed out next year we would always give

of Robin Maclagan and Nick Bowen a couple of come back men

himMAROSJA -We couldn't bear to see him put down Touche'. In recent months we have had the pleasure of the company

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November 1st.

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December 7th

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from distance pastures and also Also bood a runner turned bas Miscellaneous Diary Dates offile Ils eved year .jailoyo Brighton Mitre 'Egg & Bacon 25' East Sussex D.A. Cyclist's Touring Club Slide Lecture 'The Changing Seasons' Hellingly Village Hall 7.30 pm Tickets 30p including refreshments B. Allcorn 66 South Rd Hailsham EAST SUSSEX C.A Touring Competition open to Cyclists and Motorists details from Graham Lade 66 Wilton Ave. Hampden Park Eastbourne my jn'ob masel of ANNUAL GENERAL MEETING Hellingly Village Hall 12 noon packed lunch advisable as meeting willonly have a short break and -ing so justagesta continue through to early af ternoon to fis gningiw, apinga enable clubs to get to their tea venues. serios was 22158. PLEASE GIVE IT YOUR SUPPORT IT IS IN YOUR save his father .. CLUBS INTEREST TO BE WELLSUPPORTED . January 1st. Southborough Wheelers OPEN 10 at Haffenden

Quarter near Smarden. Small entry fee

fabulous prizes - 4pts Guiness - 71b

marmalade - Xmas Puds etc. etc. adjourn

March 7th HARDRIDERS L6 get training !(

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CENTRAL SUSSEX CYCLING CLUB o Jante ent de exteratmos

It is rather unfortunate that after the most modest report of the previous contributor the pleasure of writing for this esteemed magazine has fallen back on you know who. There is a good reason for this, He went on holiday in August, and has yet to surface. Yorkshire will never be the same place. It is even said that the local television company has offered Geoff a part in the forthcoming production of "Houng of the Baskervilles". Cheif Crook, bring 

Lowes Wanderers Cont.

Talking of dogs and referring back to the Worthing Excel notes of the last issue The Central is, infact like Battersea Dogs Home, we collect strays from all sorts of places. Do'nt ask them to come but all are made welcome. Should Don be pushed out next year we would always give him a home. We couldn't bear to see him put down. Touche'. In recent months we have had the pleasure of the company of Robin Maclagan and Nick Bowen a couple of come back men from distance pastures and also Alan Codd a runner turned cyclist. They have all fitted into our scene very well, and undoubtedly you will be from and about them in due course. As the racing season draws to a close it is always interest -ing to review the past few months and sigh about what might have been.

Geoff Boore did in fact ride a two-up with Cliff Sharp. Cliff did wear a Central vest. They did, or as I understand it. Cliff towed the team to , fastest actual time. However, Geoff was most upset to find he only shared the £2 composit team prze and not the £6 fastest team prize. Still you have to learn do'nt you . Don Awcock retained the Sussex Road Race Championship and has had numreous placings and wins in other events. He is getting harder I think, and the best results seem to come as the hills get steeper. Don also made his hay with the club 10 series, winning all the events he rode in, best time of the series was 22.58. on the Southwater course. Mark Atkins gave his father infinite pleasure by lifting the handicap section of the series, being pushed by David Grimes, another small lad, to do just that. Marks time of 28.50 in the G.H.S.heatalso caused consternation in the Atkins household, costing the old man a pair of wheels and tyres. On the 25 mile front Ron Rogers leads the field with 58.42 in the West Kent event on that course, Adrian Jones is next with 59.14 and with John Yates on 1.0.9 and Ken Atkins 1.0.23 the scrap for the title is quite open. Locally Adrian backed up by Tony Goodsell, John Yates and a

Central Sus ex C.C. Cont. Central Sussex cont. permutation of a number of members, have picked up several good team wins, which is most pleasing. John Dutson having been invited to join a team of 50 milers for a ride on E5 recorded a 2.3. odd and gave them all a 6 minute drubbing although Geoff Boore did a personal best in that event of 2.12.0. Ken Atkins improved to a 2.4.55 in the Ickneild event on F.1, where John Yates also did a 2.6.38. With Adrians 2.6.in the ESCA event, this would give a good team if you got them altogether in the same place at the same time.

Long didtance events in the club have been dominated by the big 3, John Yates , Adrian Jones and Martin Hawes. As could be seen from the team win in the Association 100 (for the sixth consecutive year) there is very little between them. John however hit the right day in the Goodmayes 100 and returned 4.20.33, just 20 seconds away from John Dutsons Club record. John has also completed a 241 mile 12hour against 236 of Martin. Both had difficulties and I am sure you could write a small volume about the rided. Martin modernized our 24 hour record with 435 mile ride in the Catford adding some 37 miles to Don Goodefellowes nostpu ndot.2 best distance. ATTENDE Central Sussexuv

There have been many more rides by Club members and it would take all the magazineto itemize them all. This year the Club handicapper fixed some 35 handicaps for individual club members, and of these 27 different riders have competed in Club events. A general improvement has been made in most members times. Shaum Bateman continues to chop off the seconds. His 10 is now a short 24 and 25 a good 1.3 done in the junior championship. Comeback man John Palmer has got his 25 to a 1-6 after about 14 years of not bother -ing, so just watch out. The final anecdote has to be about G.B (Gone Bad) who on holiday had a ride on 02 only he went off course 400yds from the finish and completed the distance on the Al(M) or Doncastor Motorway. This alone is bad enough, but on being pressed as his time on this speedy dragway reluctantly said"Oh about a 5 or 6."

Now here are a few notes for your diary Our Dinner on January 17th (see dinner dates page 4) hope to fot in all who wish to come. The Central Hilly willbe joined next year by a Hilly 10 for Juniors and Ladies under the direction (?) of Ron Ewart on Saturday 13 March. It is also hoped to to promote a road race of about 75 miles in the Staplefield 8.Brighton Excel. area. - e - 6. John Yetes 9. Crawley Wheelers

- 10 -

10.Lewes Wanderers

9. John Oakes

10. Peter Coles

worthing cont. he's not 60 but he could be nearly 50 and has this year managed a personal best of 1.2.09 for 25 miles and has exceeded his veteran standard by a greater margin at every distance than he has done before. He rides evening tens with a schoolboy relish and takes particular delight in beating the young upstarts, whether in their teens, tw.enties or thirts

Our Open road race promotion was won by Bob Garlinge of Hounslow and the scratch race instead of our usuak handi -cap seemed successful. We feel also considerable success was achievedin the promotion of the Worthing Fiesta Kermesse. This was the first time that we have been able to get the Marine Parade, or any other public road, closed and it has been a very long and very hard fight. A series of five races over a four hour period for all categories of rider, from schoolboys upwards were well and excitingly contested, and, very importantly, were watched by a crowd of several hundred. There's no doubt about it, and whether it's your kind of . racing or not, this is the most spectacular form of racing. which will sell the sport to the public.

Dave (spider) Funnell has now taken the plunge into matrimony and was so obviously afraid of the reception we might have given him, went all the way to Cornwall for the event. Another member to hit the dust is Pete Reeves, but although he has slowed a bit, he still seems quite enthusiastic and has recently taken to stoking for John Biddle on the Biddle, (is it a gasboard plumbing job?) tandem I'm just wondering if there is any connection between

stoking a tandem and married life .....

Another name f rom the past which many readers will recall, has been spurred into action by reading of Ray's personal. John Lucas eased himself over his cycle and with loving care rested his extra weight on the crossbar; feeling immediately more at home he rode the evening ten then came back for more next week.

These notes are I gather already three weeks late (apologies) so better close now. See you all in the social

and seems now too not retired for the season with a bast of

ACONY COLUMN sellm COI e Diest sassia taererals xis bad evad

managing 9 rides with Keiths 4.36.05 in the B. C. rotiba rasd Perhaps the "blushing lady" from Escaland could offer me some advice. My husband has ridden many 12 hour events, although he packed in a few, but having been married for over 10 years the only addition to our "family" apart from a variety of bikes is a small black cat! Would she suggest a change of gear or should I start looking for a new"frame". Please don't suggest that I start riding the 12'8 - I'd never get home to bed!

Yours, DISAPPOINTED

Eastbourne Royers cont. EASTBOURNE ROVERS CYCLING CLUB I was talking to Terry Leach the night he flew in from Prague after the Tour of Czechoslovakia. I was commenting on his splendid 22.50 ride at Pevensey on a blowy night just before he went abroad. He replied that he had done that on 112 and after racing against the continentals on their own ground, 112 now Meels like twiddling. I would have been tempted to take a pinch of salt with that if I had not remembered grinding my 86 fixed on the Pevensey course only to be passed by Terry - freewheeling. That's why I'm writing this - anyone as slow as I, has adequate time to observe the Terry's three representive rides this year have gained the racing faction a certain cache and although someone is sure to say he rides for the Beeston - we Rovers are prejudice - free and overlook such minor irregularities. One clubnight a youthfull member even turned up in a Central Sussex vest - but his shorts were not emblazoned with applique so we let him off with a caution. Since the last Bonk appeared the club members have celebrated our President, Bill Collins, 70th birthday. It was billed as a"swimming run" (a sort of hydrographic marathon?) so everyone sported their perforated uppers, but wait - it turned out too wet for a swimming run - so all ended up at Bill's helping him eat the cake Renec baked. Popping into the clibroom at Stone Cross before the Eastbourne Carnival I thought the Club had moved, but they were away constructing the "float". Eastbourne Citizens ought to be proud of their inventive sons of toil for this magnificent device, a spin off from the Dexion space research programme . Its wheels, cranks, chains and sprockets whirred through the orprocession delighting children of all ages and dismaying the industrial espionage agent sent down by Pashley Cycles who feared we had infringed on their tandem patents. The excitement proved too much for Doug who went down with o pneumonia. That knackered his season - after buying a new bike too. He's recovered now but I bet he polishes ferociously, thinking of what might have been. T know the feeling. I wanted a gears bike so I sold the house to re-negotiate the mortgage with alittle left over for goodies - bought a heap of shining aluminium and slipped a disc before even assembling There has been a severe local outbreak of termites judging by the brake levers seen around this season, but no such nonesense for NIck Green whose new steed is of cyclo-cross dynasty, complete with massive anti-derail device. When he came home in the sag wagon one day claiming his chain had come off we knew he was kidding. It wouldn't have dared!

gasp" It's the first time I've cought youl whenesked if he had a go at him Ken replied "Not likely he was trying!" - UL -

MASTBOURNE ROVERS CYCLING CLUB Eastbourne Rovers cont. The Westham wonderboy has taken to riding a machine without fork offset so after each event his dislocated shoulders need re-setting. (He's now sold it in favour of a750 Norton Commando - Ed.) Meanwhile, oblivious to all changes of fashio Eastbournes enswer to Alf Tupper goes on breaking the County 100 record. Training shoes circa 1959 complete with antiqued toe caps, sporting a bundle of possessions tied by string to his handlebars, he can be seen around the County putting abroad his "Tough of the Track" image much to the consternation of the smooth legged trendies, now sporting gold anodised titanium enectacle frames to match their new French gear shifters, ("Well Thevenet uses Simplex don't 'e'?") My final note of optimism springs from the new young faces we attracted with our evening 10 series. If this goes on look out Kirkby! The extra subs will be alloted to buy amphetamines for Ken, so to defeat the Paragon of Norwood auplinextiyearismozsidme jon erow adroda aid jud - Jasv xoasua

Have a nice autumntune a ditw the mir jel sw os beingdeles aved aredmen dulb edt begeegge aken taal ethee Third our President, Bill+forthire to the president, It was billed as

- HERE AND THERE IEM olingargorbyd to Jros s)"aur adimalwa"s

Maybe ITV thought the'd got something with that milk ad. saying "Watch out, there's a Humphrey about". Any Escabod could have pointed out that this has been a watchword in this part of the universe for almost thirty now, and doubtless will continue to be so as long as the "Great White Chief" plus all his aliases , retains command! proud of their inventive sons of thil for this magnificent

A visitor to the notorious Hastings Rock Shpp during the heatwave remarked on the delightful procession of scantily clad"birds" that visited his premises. He was told by Neevo "If you're here much longer I'm afraid I shall have to charge you entertainment tax! I'd no begaining bad ow berned odw The excitement proved too much for Doug who went down with

No wonder we haven't seen much of the above mentioned Neevo then, he said it was because he had been trying to make an honest penny"! I bet he didn't get anything out of Willcock wanted a gears bike so I said the house to re-negotiate

Rover inmates had quite a shock the other clubnight when a prosperous cigar smoking visitor entered the clubroom. The vision turned out to be non other than 'Opera ' Jone's who on promptly paying his subs owing for the last 10 years increased the number of Kens to FIVE, four of which were then present at the clubroom. You just can't get away from

A'retired' Ken Stevens was pottering home from work the other evening when he was caught and dropped by a sweating, hea vin Wanderer in the shape of John Honeyball, who was heard to gasp" It's the first time I've caught you" Whenasked if he had a go at him Ken replied "Not likely he was trying!"

- 14 -

SOUTHBOROUGH & DIBTRICT WHEELERS Well it had to happen 9 of us said we would ride the ESCA 25 on a pleasant sunny autumnal morning, in September. The idea was a good one, but we will draw a veil over the 3 rides from our club. Alas, it did not end there . As we were about to leave, we were accosted by 2 ladies, dressed in becoming wet look rainproofs. Yes, they were becoming more wet look

every minute! The Taller, I hesitate to say older (yes you better - Ed.) thus spoke "You will produce some notes for Bonk or else .... " Having just ridden the aforementioned event, we were not in a state to answerback, so here it is .

Of necessity it is but a brief resume, whatever that maybe. For those of you readers, assuming that there are any, who like that sort of thing, here are afew details from the racing scene . It has been a season of varius personal bests and quite a few records. The 50 team time was trimmed to 6.16.42 by Pete Roberts , Jim Abbott and Pete Webb. Jean Smith returned a best ever 10 time of 25.16. along with Val Peachey & Lesley Bonny set a team time of 1.26.11. Ron Hayward trimmed the

club Vets 10 with a plus of 3.01. Pete roberts also took the 50 time to 1.55.56. Now for the human angle Tony Peachey (well he's half Southboro') rode the National 12 on a new diet of Milky Ways . It was only after 6 hours when he deposited them on the Queens Highway, that he started to move, and did

well to record a creditable 257
But you say what of real news? ..... Well for a start opinion is still almost evenly polarised, as to whether we

gained or lost , by re-exporting Crow to East Grinstead. Phil Boddy, riding home from work on the Tonbridge BY Pass was neatly collected by a lady doing twice his speed in a sports car. Luckily he escaped with minor bruises but the bike was a write off. Conno-sewers will be delighted to know, that it has not affected his dart playing, It's as bad as ever.

We were surprised that Arthur Smith even entered the ESCA event .He normally prefers courses that use the A2 Al All Al2 etc etc. If you remember he's the chap who joined us after 25 years with the Cyclist's Touring Club! When it comes to choice of courses there is only one difference between him and Alf Engers , Alf never worries whether he will get in the event.

The Touring dide camped just outside Winchelsea at Whitsun and August BH. Some people never learn! They shared the field with the same short tempered horses twice. One definately had no taste . It ate a saddlebag, capes corner of tents and even Joyce's cooking. The other developed a technique for calling campers early. It simply reached in the tent and bit

Phil on the shoulder at 2.00 in the morning.

Southboro' cont. Now for the good news. Tuesday Trotters have started again. What are they you ask? This is the weekly occasion, when Southboro' descend on some unsuspecting pub, for a quick 48 games of darts or bar billiards, and a few glasses of supper. Most peoples ideas of the return journey tend to be a little hazy. On alternate weeks, we travel in an easterly direction to meet the San Fairy Ann. We are pleased to say that they quickly adapted to our standard of pub games.

Here is a word of warning . Do not be caught like the unsuspecting Kentish Yokels. They were case hardened against the Southboro' Wheelers even the appearance of the Wright tandem of Doug & Joyce , but the arrival of the Dunford tandem, came as a nasty shock. All roads leading to Hadlow. even now are not straight, but they are considerably wider in places!

The K.B.B.B.

Kentish Bird Loving, Boozing Bik

#### a best ever 10 time of 25.15. nlong with Val Peachey & Lealey Bonny set a team time+titititititititith Hayward trimmed the

HERE AND THERE Teder ejeq. 10. E to sulq a ditw OI stev dula This story is supposedly true and concerns an unamed Crawley Wheeler. The facts known are that he left the clubrun at 11.45 to return home to lunch at Crawley which he did reach till 1730! The tale he told was as follows. "After descending Little Bury and pausing for a little liqui refreshment at Storrington, I was pedalling along when I hear a female voice calling HELP HELP . Looking around I saw a ver ag itated lady in a two piece swimsuit waving to me from ... behind a hedge. On asking what was the matter she replied "My puony has fallen in the swimming pool would you help me Our hero says he was led around to the back of the house where he espied the said pussy swimming quite happily in the pool, it being a very hot day! Despite threats, offers of money etc. our hero would say no more on the subject. However if any lady wishes to meet this discreet gent he is at Crawley clubroom on Friday nights. If his wife lets him out. (did he spin her that yarntoo? -ed)

Bill Collins asked for Lewes Dinner tickets in early August and on being told they weren't available yet, upbraided the secretary saying"Thats no good. If people want them you should see they are not disappointed. " ""

field with the same short tempered horses twice. One defin-Beware all you aspirants of the Chainwheel Creek Trophy Roy Humphrey is now the owner of a brand new Rovers jersey so obviously means business next season.

EAST GRINSTEAD CYCLING CLUB

It is not often I am DNS in a Esca event although I admit to specialising in late starts. However this morning (Sept 14) the weather for the final 25 did not match up to what is to me, a leisure activity. So while rain and gales batter down at this edifice, I have attemted to exonerate myself by 'doing ' the Bonk notes. The Of odd does oved d'abluow on

You will note in the previous issue I stated that Steve was our Bonk Sec. , but when Val approached him this time he showed disinterest and indicated he had invited a bird around for tea. What are the younger generation coming to? With such a fine summer behind usit's not surprising that many fine rides have been done, with special mention to Cliff breaking the E.S.C.A.& county 50 & 100 records. Also pleasing is the number of people now discovering cycling for riding to work, touring and Sunday morning pottering.

East Grinsteads attempt at all the year clubruns have received great support and have extended from morning rides to back-toltea ones. In addition Val organised Thursday morning runs for the schoolboys during the holidays. The bane of the start sheet printers & trophy engravers Steve Heppethwaite(oh is that how you spell it -Ed.) has scooped up everything in club racing circles as well as an impressive tally of high placings in Association and opens. Noteworthy was his 4th place in the KCA 12 at his first attempt over the distance with 237, just beating Martin Hawes . In the ESCA Steve was our best rider in every event bar one, the July 50 when he was 3rd.mounter. But that didn't include the 2-up where for several years the gremlins have attacked Crow's partner, This year Bernard De Quay took only a mile to develope a loose crank which after several stops for adjustment caused us to miss awin by a mere 15½ mins, although nobody noticed as everyone was looking at the result board or rather the delectable framing. Oh yes that was the event where I was able to indulge in the pleasant past time of patting Pam Dutson's bottom ( You lecherous old \*\*\*\*-Ed.) - ah memories. After a fair showing well about 5th team in the April 10/25 weekend, the writer was lanterne rouge in the June 50 after his front changer jammed - it's the modern equipment - well mid 50's, the 1937 Oz gear worked perfectly as usual. (For those of you who wondered what it was , it's that thing Crow uses to make grooves all down the highway - Ed). The June 10/25 weekend found our team in better form with Steves long 24 and Will and Crow just getting under 26 mins, while the 25 yeilded a very close result with all three encompassed within a minute, m not one of those and therefore was thankfull the heat abated for ESCA 100. We got 2nd tes m'.

EVEL GEINBLEYD CACTING OF OR

East Grinstead cont. eve some on all and me I medio don at di I was chuffed with my 4.48 but oh what a grovel back from Newhaven , always wish I'd kept tropical fish instead , as I crept along that 18 miles . Steve was suffering from "if only's" after his 4.35 - if onlyhe'd taken the final feed he wouldn't have crept the 10 miles to Newhaven. Ray Lunn's 4.46 was consistent with his return to racing form this season. He's gone back into hibernation now but will doubtless emerge for the club dinner and demand strict tempo music from the disco again.

Our evening 10's have had good support with the help of the Croydon R.C. Steve and Ted Boorman have had some exciting scraps. We had a memorable float evening when Steve got down to 23.38 on our sporting Godstone course, even yours truly made a half minute improvement after riding this course for 24 years.

Funny we've had several soaking 25's despite the hot summer. Our interclub with Crawley was one, where even Steve's 1.2

couldn't save us from a resounding defeat.

To be honest I do'nt know how the two Bob's hKater & Beatty have been doing on the road race scene. The latter acheived fame by getting in the photo on the front cover of "Cycling" just before his spectacular crash in the Nat. Champs. 10 km event at Leicester.

· Vals hard work in promoting our carnival road race was rewarded by a fine race win for Tim Hookings of the Unity

All-Stars (or something).

Crow and the Crawley Wheelers went up to the National Bike Week rally & demoin Londonand found a memorable day, certainly different. At the three thousand plus there were only a small minority of club folk. A bike week invitation run was put on and while numericaly good didn 't actually get new cyclists - the Rovers/C.T.C did a lot better. We are sorry to loose our Club official and comic Terry Collins who has moved to Bexley but are pleased to find Fred Marshal now back in the active ranks. We also welcome our youngest member Lorna Wates - a daughter for Will & Mo. Mo was soon out on the bike again riding a'10'18 days after Lorna's arrival discount out a di - bemmet repusado inc

Events -if not racing, keep coming up thick and fast by the time you read this we shall have been to the last night of thskol six and had a sponsored ride in aid of Lepra. Then of course is our club dinner in November. (details elsewhere) anim as rabnu gnisses saut worde seeing you as anol sevess

while the WORD eilded a very close result with all three Sengented to be minute, a minute one of those and therefore was thenkiuli the heat abated for ESGA 100. We got 2nd tem a'. However Grinny's were handicapped by Having Grow with a late CRAWLEY WHEELERS CYCLING CLUB'T noos on Le sow of Dus Janta The research I was going to do for my report in this issue was nobody's business but here I am with just one Newsletter of the Wheelers for July in front of me to glean some news Reed 332 despite severe back ache. Ernie Dore and mysemort

Crawley Wheelers cont.

It has so far been an eventful season for most Crawley Wheelers in one form or another, many having personal best performances at various distances, not on a par with that other 'Crawley Club'but P.B's all the same. of ni abia I'llstart with my own forte, the clubruns which leave the town centre (opp. The George) every Sunday at 9.45 am . The runs being very varied, some to watch events all over the place from Crystal Palace to the Worthing & Bognor Kermesses. Runs to the track at Preston Park have also been well attended. Among the many places of interest we have visited is Windsor Castle and more recently HMS Victory at Portsmouth. We also went on a demo as the "Brighton Contingent" to National Bike Week demonstration in London. We had the pleasure of Crow's company for this one, I only hope next year more !club cyclists' accompany us. It was lik e being "Yer actual Royals" as we were officially greeted by the multituded on arrival. I then had the privalige but frightening honour of reading a letter from the Mayor of Brighton over the loudspeaker system. To conclude on the runs I now hope with the end of the racing season to see ... numbers out to pick up to at least a dozen plus so as I can 'sit in' or go off the back with Christine as the case may be track Ecene. Not very well supported I fear, on digging I find only Mark Jones has had a bash down at Preston Park, if anyone else has I hasn't to apologise of the annihaeH The schoolboy road race scene has had the Marks Jones and Boorsma, Jay Chisnall & Colin Devine all competing Mark Boorsma riding well on Tuesday nights at Crystal Palace whereon June 24th, the day before he became a junior he won an event, having been placed in others. Lately his season has been a bit of a disaster having been slightly injured and wrecking his bike when a motorist turned right across him. He followed this up by burning a leg badly in a 'petrol accident'whilst on holiday was and and day Having turned Junior Mark teamed with Dad Dave to ride, not doing so well I fear in their first event when Mark was D.N.F and Dave brought down at the start to sustain a few grazes. Since then however they have been finishing so with other members threatening to take out licences next year , other Sussex Clubs had better lbok out!

Majority of the interest is in timetrialling where so man'.y persoal acheivements were attained. One highlight was beating East Grinstead in our inter club 25 to take the brophy. regular, Audrey will be looking for another helmannin.

-18-

One last thing I must squeepq\_in is amention that the one hundred years old next yeso . Woll dono.

Crawley Wheelers cont. However Grinny's were handicapped by having Crow with a late start and he was also seen freewheeling down hill! YE WARD We fielded five riders in, what sadly seems was the last Catford 24 and three finished Richard Griffin with 409 John Pratt an excellent 383 on his beloved barrow and Ken Reed 332 despite severe back ache. Ernie Dore and myself were the D.N.F'srom for mossess Luftneve as need Tal os and it Dick Denman covered 230 miles in the EasternCounties 12 afte trying to do a personal best in the first 25 miles. He made my ride in the KCA event look a bit sade 10 ye ward! Tende No under the hour 25's to report but everyone has improved .. on Tastuyears times. nue vieve (egroep eg. qqo) erdines Touring time seems to be with us with Roy and Mark Jones away I know not where. Christine Jones & Mike Perry took . De nooff for the West Country (interesting) Harry Knowles & Doli Devine also went that way. The neck from our ladies namely Christine & Heather Reeves I had better mention the Ladies Road Race Championship at Swindon. With tongue in cheek I adailrespectfully suggest they work harder on the clubruns this winter i.e.Up Front. The I have given more members a fairer mention without taking up too much space. Finally we at Crawley would kike to congratulate Iris for her first Bonk , It would seem she could hopefully be lumbered for sometime to come (Thats what you think Ed) sea of Malcolm s the case may be to rear, on digging I bery trititing I rind only Mark Jones had a bash down at Preston Park, Hastings & St. Leonards Cycling Club. I sal as novas Ti Being determined to make this a 100% club news edition here is alittle I have gleaned about the Hastings lot. Hastinger having been p 1 . . washed out to sea during the deluge on the night before the last Esca 25 as he does'nt appear to have been heard of since. I dived theve he now Junior Peter Baker has been really putting the clubs name on the map, so to speak, locally with some very fine rides pushin Eastbourne's juniors hard in the Rovers evening 10 series which Hastings always support. He concluded a fine season with an excellent 3rd place in the Hillclimb. though 50's

regular, Audrey will be looking for another helmsman.

one hundred years old next year . Well done.

One last thing I must squeeze in is amention that the

able, his presence DOES NOT seem to have been felt by all and the pink jersey(with black stripes and LOTS of writing onit) Have his powers of persuasion, asquired from years in the Estate Agency Con. Business, kept him scouring courses throughout the country for likely talented members? We don't remall seeing headlines in "Cycling" that he has at last got under the hour, in fact we can't remember seeing or hearing from him for some time. We were not surprised to see that Jenny Boore is in the insurance business. Talking of insurance and bearing in mind the "here and there" notes in the last issue, we were not surprised that Maureen Lock came to see Don off on the Brighton & Worthing Excelsiors combined trip to the York Rally. We thought it was taking things a bit far though when she sent young Andrew along as chaperone, after all that long in the Excels (B'ton variety) company could have permanent effects on a nine tear old - far more dangerous than having Don and Val Stringer on the same outing. I'm begining to think that Val has that "certain something" about her for whilst waiting for the men to appear from the washroom at the Rally she was waylaid by an artist who invited seem to have been his distance this year. Of course veteran Jack Southerden plods on into his umpteenth season putting up some very fine rides in his veteran class. Not only did Jack ride every E.S.C.A. event this year he also rode every evening 10, fifteen of them, Rovers promoted, no other rider doing so. Another Vet appeared for them resplendent in new gear for the Chainwheel Creek event in the person of Dave Morris he obviously liked it so much he appears to be racing

her to share h is paradise with him. She was begining to get interested when she was given the run down on his personal possessions until he reached the bit about an aged mother living with him, wereupon she hastily pointed out her husbaand and half a dozen fit companions and departed. (There must be something about washrooms etc as I once had someone try to pick me up outside a loo in Paris when Iwas waiting for my husband. + Ed) -21-

Brighton Excel cont.

People ask me whet it it in Tal

BRIGHTON EXCELSIOR CYCLING CLUB.

having a go at anything.

That BOORing "Bonk"contributor and talent scout from the

of one of our strongest racing men, interest in that scene

the S.C.A. distance events were shattered without Frank 's

support. The most disappointing thing about it all is that

Central Sussex having successfully secured the membership

has dropped to an all time low. Our hopes in team awards in

Frank now seems to have retired from the cycling scene alto-

gether and rumour has it he will be taking up motor cycling.

of sophisticated equipment and have been competing in local

bought a pair of cycling shoes and improved by over a minute

in the G.H.S event. Roy Brown, Simon Maddison and Colin Hood

are all improving . Colin especially is getting stronger and

After his non-success in the York Rally Pram Race Dave Elson

has decided track racing may be more in his line andis after

a cheap iron .- perhaps the "Groveller " would like to sell his

as, despite personal appearances at Preston Park, when avail-

In fact just what has happenned to the man, in

events. Jeremy-James Kennedy-Sloane (What a mouthful-ed)

having a clear win in the handicap section of the SCA 10,

We can only hope the same thing doesn't happen to their lack .

Iris.

Brighton Excel cont. . AUGO ONILOYO ROISLEOXE MOTHOISE Our efforts in Natioal Bike Week didn't bring us before the Cycling World 's eye as Crow but we had an interesting if nervewracking experience with our invitation ride. A motly collection including a 12 year old on achopper who clocked up 52 miles and we did get them all safdy home and one ortwo have been to the clubroom since. . In fact there has been more enquiries for membership this year than in the past 10. very reassuring. ed Illy ed il and amonus bus sedien

Chris that very fit Excelsior tourist agreed with Val that the June trip to Wales was the hardest Tour ever. The thing was planned by four of us Rick , Frank who had most say, Chris and myself. Our troubles began when Frank phoned late Friday night to say he would not be going next day and with a cold north easterly gale prevailing for most of the week I wasn't much use up f ront. Still Franks share of the food came in handy.

People ask me what it is I like about hard riding, the answer

being "it's nice when it stops".

The Wales trip must have toughnened us up because our Summer Tour to the French Alps seemed comparitively easy - in fact a holiday! History was made when Excelsior were captured on film drinking litre bottles of WATER. We were so dehydrated that we drank vast quantities of liquid - usually nonalcholic-and with even the cheapest drinks costing 2 francs we run out of money four days early and had to shorten the tour accordingly.

The next tourlet by the Excelsior is our Annual invasion of the Isle of Wight in October and has attracted a bumper

crowd.

Already the social calendar is looking busy with the six already visited; Neville Channings film show in November; E.S.C.A Touring Competition; a trip to Worcester to collect the Stringers new tandem and to test same in the vicinity, not forgetting our Club Dinner.

Well having been instructed to keep our Bonk notes short this issue as the Association is runningout of paper (sorry I still had to cut you - Ed) I will sign off

emes out no regnirits fav bus not guived nadt success eron

I'm begining to think think thisticertain something" Well at last we made it my apologies to all club reporters for some information being out of date, but after overcoming the paper problem I ran out of stencils and it seems the ESCA stationary order was delayed. It never did come and in the end out of desperation Roy gave me permission to buy them elsewhere. This explains the errors and bad typing on the last 12 pages least I hope it does. It'sarush job! of vit enosmos And eeno I as ete ameordas Iris Stevens. tek me up outside a loo in peria when Iwas waiting for my

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